

*TMI Trainer Development and
Assessment Program (TDAP)
Residential Retreat*

1999 Website Program Description

(NOTE: This program ran in this form through 2005 and is no longer available. Contact the Monroe Institute using the link on the Details section below if you wish to learn how to become an Outreach Trainer.)

Due to the ever-increasing number of requests for Monroe Institute Outreach programs and TMI's desire to make Hemi-Sync® trainings available to the widest possible audience with the greatest possible quality, we are initiating a new system for the development and accreditation of Gateway Outreach (GO) Trainers and Residential Program Trainers.

These will be multi-phased systems consisting of independent home-study, successful completion of the week-long residential TMI Trainer Development and Assessment Program, and demonstration of progressively challenging competence in the delivery and execution of normal GO Trainer and Residential Program Trainer activities. Fully accredited Gateway Outreach (GO) Trainers will be authorized to organize and conduct a series of official TMI programs throughout the world.

The week-long Trainer Development and Assessment Programs will be conducted September 26 - October 2, 1998.

Please see the summary description(s) of the Gateway Outreach Trainer Development System (and/or the Residential Program Trainer Development System) to see if you meet the prerequisites. If so, we eagerly invite you to participate in this workshop.

Since assessment is an important component of this program, participants will be asked to take a series of six written examinations during the week covering material typically required by successful TMI field representatives and trainers. To prepare for these tests, participants will be given an extensive required reading list upon enrollment in the program. In addition, they will be asked to prepare a videotaped presentation prior to attending. Throughout the program they will be asked to perform various skills which will be assessed by TMI staff members following coaching. It is very likely that many who participate in this week-long program will not be accepted for further development at this time. Provisions for re-testing and/or reassessment will be offered.

Gateway Outreach Trainer Development System

Gateway Outreach Candidate (Prerequisites)

1. Attendance at a Gateway Voyage and one additional graduate program.
2. Current sustaining Membership in TMI.
3. Successful completion of the TMI Trainer Development and Assessment Program.
4. Interview with TMI Program Director and recommendation to become a GO Intern.

Note: While none of the following are absolute prerequisites, they will be heavily weighted in the assessment process:

A. Education and/or professional level training and certification in a related human development field.

B. Experience leading developmental groups or trainings, as a teacher, counselor, coach, or facilitator.

C. Experience with self-employment and/or the marketing and organizational elements of managing a public seminar business.

The Gateway Outreach Intern: - Phase I

1. Organizes a weekend Gateway Excursion Workshop, including space, marketing, and enrollments.
2. Conducts at least two introductory seminars to promote this workshop.
3. Negotiates a mutually acceptable agreement with an accredited GO Trainer (or TMI Residential Program Trainer) to conduct this workshop.
4. Assists GO Trainer with registration, equipment set-up, tape sales, etc.
5. Acts as workshop host/hostess.

The Gateway Outreach Intern: - Phase II

1. Organizes a weekend workshop as above.
2. Co-trains the workshop (by agreement with an accredited GO Trainer and following collaborative planning and/or coaching) doing a substantial proportion of tape set-ups and leading in debriefs.

The Accredited Gateway Outreach Trainer

1. is recommended by the above GO Trainer.
 2. may receive additional coaching by the Director of Programs if needed.
 3. puts into effect the GO Trainer Contract.
 4. is certified for full conduct of interned workshop (i.e. Excursion) and receives required tapes, trainer manual, and participant workbook master.
 5. repeats Phase II for each approved program for which certification is desired.
- Certain programs may have specific additional training requirements.

TDAP Pre-Course Reading List

Required

- Carter, Gari. *Healing Myself*. Hampton Roads Publishing Co., 1993.
- McMoneagle, Joseph. *Mind Trek*. Hampton Roads Publishing Co., 1993.
- Monroe, Robert. *Journeys Out of the Body*. Doubleday, 1971.
- Monroe, Robert. *Far Journeys*. Doubleday, 1985.
- Monroe, Robert. *Ultimate Journey*. Doubleday, 1994.
- Russell, Ronald. *Using the Whole Brain*. Hampton Roads Publishing Co., 1993.

Hemi-Sync® research papers available on the Internet

- Atwater, F. Holmes. "The Hemi-Sync Process"
- Sadigh, M.R. "The Hemi-Sync Phenomenon: In Search of Empirical Theories"
- Sadigh, M.R., and Kozicky, P.W. "The Effects of Hemi-Sync on Electrocortical Activity:
A Review of Three Empirical Studies"

(Hard copies of these articles provided upon request)

Highly Recommended

- Butler, Tom. *Handbook of Metaphysics*. The Christopher Publishing House, 1994.
- Doore, Gary. *What Survives?* Jeremy P. Tarcher, Inc. 1990.
- Hutchison, Michael. *Mega Brain*. Beech Tree Books, William Morrow, 1986.
- Moody Raymond. *Coming Back*. Bantam, 1991.
- Moody, Raymond. *The Light Beyond*. Bantam, 1988.
- Talbot, Michael. *The Holographic Universe*. Harper Perennial, 1991.
- Tart, Charles T. *States of Consciousness*. E.P. Dutton & Co., Inc., 1975.
- Tart, Charles T., ed. *Transpersonal Psychologies*. Harper and Row, 1976.

TMI

Staff Trainer Criteria

TMI Staff Trainer Candidate

Prerequisites

- Attend Gateway Voyage at The Monroe Institute
- Attend at least two graduate residential programs at The Monroe Institute
- Be a Sustaining Member of TMI
- Successfully complete the TMI Trainer Development and Assessment Program (TDAP)
- Interview with TMI Program Director and recommendation to become a Residential Program Trainer Intern - Assistant

TMI Trainer Assistant

Prerequisites

- Interns in TMI Residential Programs by working with two other trainers (limited interaction in group process and tape set-up).
- Is responsible for tuition (\$995.00) for each program.

TMI Trainer Associate

Prerequisites

- Recommendation to continue the training process by both trainers from TMI residential programs (as above).
- Active involvement in two programs under the supervision of different TMI trainers.
- Is responsible for tuition (\$995.00) for each program.

TMI Residential Program Trainer

Prerequisites

- Satisfactory recommendations from three TMI trainers who supervised the Intern - Associate process.
- Successful completion of oral exam with TMI Executive Committee.
- Commitment to train a minimum of four residential programs per year.
- Receives entry-level compensation.